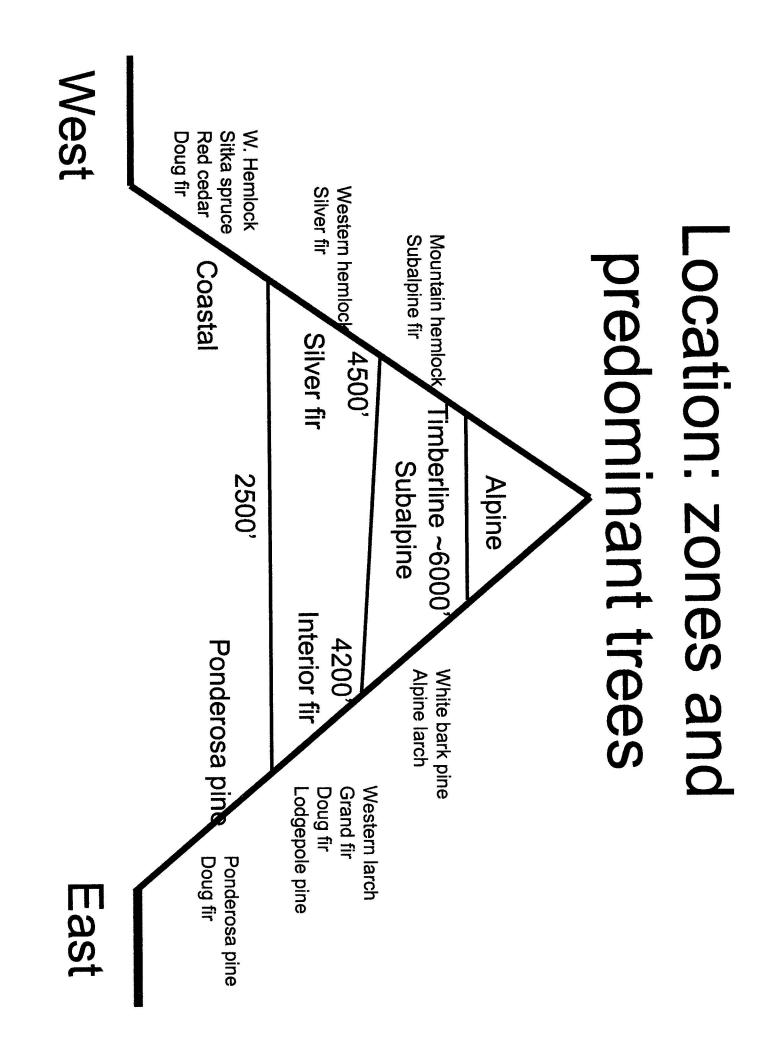
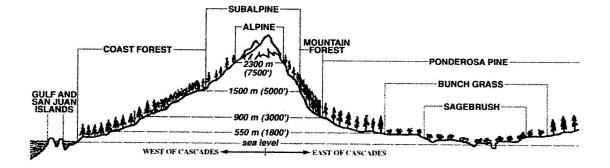
LIFE ZONES (FOREST COMMUNITIES) OF WESTERN AND CENTRAL WASHINGTON

Life Zone	Location and Elevation*	Representative Trees
Coastal Forest	West slopes Sea level to 2,500 ft	Western Hemlock Douglas-fir Western Red Cedar
Silver Fir	West slopes 2,000 to 4,500 ft	Silver Fir Western Hemlock
Subalpine	West and East 4,200 to timberline	Subalpine Fir Mountain Hemlock
Alpine	Above timberline	
Interior Fir	East slopes 2,000 to 4,500 ft	Grand Fir Douglas-fir Lodgepole Pine Western Larch
Ponderosa Pine	East slopes 1,000 to 2,500 ft	Ponderosa Pine Douglas-fir

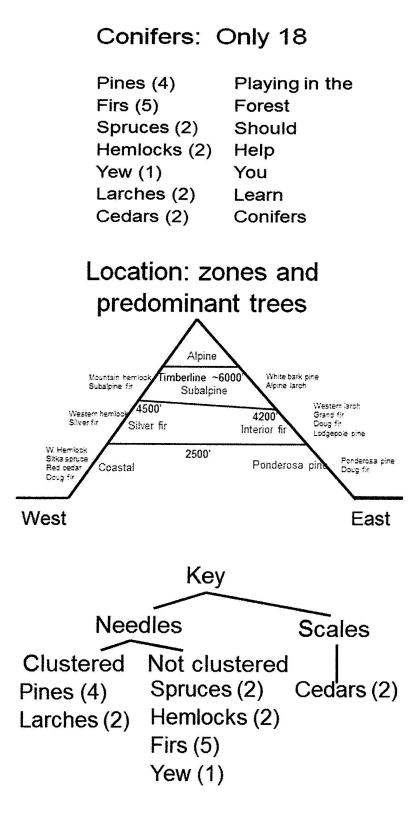
• The listed elevations are not absolutes. There will be a transition between life zones and the elevations depend on aspect, latitude, soil fertility, annual rainfall and snow pack, and other factors.



LIFE ZONES OF WASHINGTON



Conifers of Washington (by Mickey Eisenberg)



18 Cascade conifers
Douglas Fir Pseudotsuga menziesii
Western Hemlock Tsuga heterophylla
Mountain Hemlock Tsuga mertensiana
Silver Fir Abies amabilis
Grand Fir Abies grandis
Noble Fir Abies procera
Subalpine Fir Abies lasiocarpa
Ponderosa Pine Pinus ponderosa
Lodgepole Pine Pinus contorta
Western White Pine Pinus monticola
White Bark Pine Pinus albicaulis
Sitka Spruce Picea sitchensis
Engelmann Spruce Picea engelmannii
Western Red Cedar Thuja plicata
Alaska Cedar Chamaecypans
nootkatensis
Alpine Larch Larix Iyallii
Western Larch Latrix occidentalis
Pacific Yew Taxus brevifolia

Seattle Naturalists Quick Guide to 18 Cascade Conifers

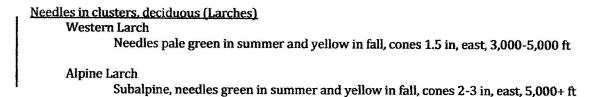


Mountaineers.org May, 2013

18 Cascade Conifers	Description	Elevation	Cones	Needles	Stomata	Other
Douglas Fir	Bottle brush	Up to 4500	3-4 in, 3 pt bracts	1 in, flat, pointy tip	2 bottom	Not true fir
Western Hemlock	Droopy top	Up to 4500	.575 in	Unequal	2 bottom	State tree
Mountain Hemlock	Less droopy	Over 4000	1-3 in	More equal	Top & btm	Oluie liee
Silver Fir	Pale btm need	2000-5000	3.5-6 in	Sides & top	2 bottom	Silver bark
Grand Fir	2 rows of needles	2000-5000	2-4.5 in, gm-bm	Equal, side by side	2 bottom	
Noble Fir	Blue green	3000-5000	4-7 in, bracts	4 sides, top groove	2 top	Rainier and south
Subalpine Fir	Bottle brush	Over 4500	2.5-4 in	Equal	2 top, faint	Steeple
Ponderosa Pine	Distinctive	Up to 4500	3-6 in	3, 5-10 in		East only
Lodgepole Pine			1-2 in	2, 1-3 in		L=2
Western White Pine		Up to 5000	6-11 in	5, splayed		W=5
Whitebark Pine		5000+	2-3 in	5, stouter, bundled		W = 5
Sitka Spruce	Coastal most	Up to 2000	2.5-4 in	++Prickly	2 top	
Engelmann Spruce	Mountains	3000-6000	1.5-2.5 in	4 sides, prickly, blue green	Top & bottom	Can roll needles, East most
Western Red Cedar	Reddish bark	Up to 4000	.5 in, rosebud	Smooth scales		West mostly
Alaska (Yellow) Cedar	Droopy branches	3000-6500	.5 in, roundish	Prickly scales		West only, krummholz
Alpine Larch	Deciduous	Over 5000	Bracts	Clusters	4-sided need	East only
Western Larch	Deciduous	3000-5000	Bracts	Clusters	3-sided need	East only
Pacific Yew	Bush in shade	Up to 8000	Red berry	Like Grand	No stomata	West only
			5 - CARLENS - CA			

A Simple Key to Conifers (cone-bearing plants) of the Washington Cascades

	cale-like (Cypress Family) stern Red Cedar
	Cones have scales, up to 3,500 ft
Ala	ska Yellow Cedar
c	Cones are round, 3,000-6,000 ft
Cor	nmon Juniper
	Low-growing with sharp needle-like scales, 2,500-7,500 ft
Leaves n	eedle-like (Pine Family)
Nee	edles in bunches of 2-5 (Pines) Lodgepole Pine
	2 needles per bunch, mostly east
	Ponderosa Pine
	3 needles per bunch, mostly east
	Western White Pine
	5 needles per bunch, 2,000-5,000 ft
	Whitebark Pine
	5 needles per bunch, 5,000+ ft
Neo	edles single
	Needles flat and round at base, buds round, cones point up (Firs)
1	Silver Fir
1	Needles on top half of branch, 1 in, 2,000-5,000 ft Grand Fir
1	Needles two-ranked on branch, 1 in or more alternating longer and shorter,
2,000-5,0	
-//-	Subalpine Fir
	Needles whitish on top, purplish cones 2-4 in, 4,500+ ft
	Noble Fir
	Needles whitish on top, cones 4-8 in, more common in S. Cascades, 3,000-5,000
ft	
	Needles flat and thin at base, cones hang
	Douglas Fir (not a true fir, nor a hemlock)
	Needles encircle branch, 1 in, buds pointed, bracted cones 2-4 in, up to 4,500 ft
	Western Hemlock
4,500 ft	Needles vary in length from $\frac{1}{4}-\frac{3}{4}$ in, top droops, cones less than 1 in, up to
4,500 10	Mountain Hemlock
	Needles ½ in, same length, cones 1-2 inches, 4,000+ ft
	Needles soft. cones fruit-like (Yews)
	Western Yew
	Shrub-like, 2,000-4,000 ft
	Needles sharp and woody at base, cones hanging (Spruces)
1	Engelmann Spruce
	Generally east, cones 2-4 in with papery scales, 3,000-6,000 ft
	Sitka Spruce
	In coastal forests, rare in Cascades, up to 2,000 ft



Tips for using your field guide to identify shrubs and flowering plants

Shrubs, which have woody stems, are shown by family on pages 157-179. Note that some shrubs, such as kinnickinnick, are low-growing. To identify a shrub, flip through the pictures and seek a match. Details about the flowers, leaves, or other features are listed on the opposite page to confirm the identity. Don't be disappointed if you can't identify a shrub by the leaves alone; sometimes you need to see flowers, leaves, and fruit to make a positive identification.

Wildflowers are arranged by color, then by family, on pages 87-155 (read the cautions about using color to aid identification on pages 85-86). When you find a wildflower that you don't know, flip through the pictures of flowers that color and seek a match. Again, confirming details are listed on the opposite page. Not all flowers are pictured, so if you don't see an exact match read the description to see if it mentions similar species or just satisfy yourself that you are close.

For both shrubs and wildflowers there is a good illustrated glossary on pages 78-85 that will help you with the botanical terms. With experience you will start to see how plant families are related, and this will help your identification skills. For example:

- Plants in the <u>Lily</u> family have flower parts in 3s or 6s and the leaves have parallel veins.
- Flowers in the <u>Violet</u> family look like small pansies. In the Northwest they may be yellow, purple, or white.
- Flowers in the Orchid family look like tiny orchid corsages.
- Plants in the <u>Mustard</u> family have flowers with 4 petals in a cross (though other families also have flowers with parts in 4s).
- Plants in the <u>Aster</u> or Sunflower family have composite flower heads, which means that the "flowers" are actually groups of many little flowers. Dandelions are an example with all ray flowers and daisies are an example with both disc flowers and ray flowers (take a close look at them with a magnifying glass).
- Plants in the <u>Rose</u> family have 5 petals, 5 sepals, and many stamens.

Basic Birding – Tips

Resources:

The Nature Shop – Seattle Audubon – 8050 35th Ave NE – <u>www.seattleaudubon.org</u>

Cornell Laboratory of Ornithology - www.allaboutbirds.org

(Macaulay Library of Natural Sounds)

Burke Museum – University of Washington – www.burkemuseum.org/ornithology

Mountaineers bookstore

Methodology:

Size & Shape Behavior Habitat & Season Sounds & Plumage



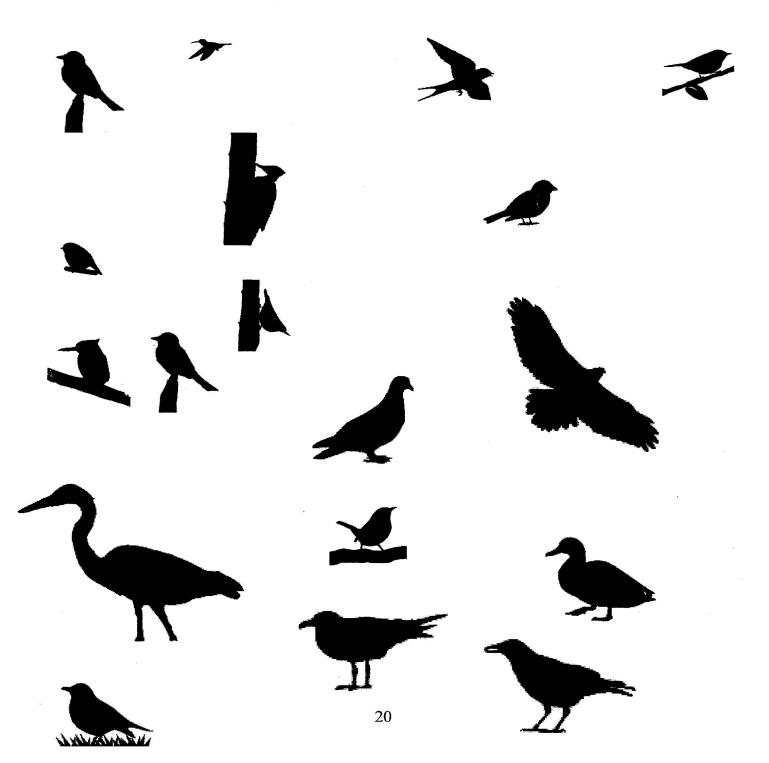






Notes: Ways to improve your birding skills

- Buy a bird field guide (The Audubon Nature Shop) learn the silhouettes of bird families
- Buy a bird finding book (See 'Additional References' section in back)
- Get a checklist for the area you are visiting (Ask at visitors' centers, search on the internet, for Sand Point (Magnuson Park) – The Nature Shop)
- Go birding (especially with people more knowledgeable than you)
- Take a course/go on an field trip with your local Audubon chapter
- Learn to recognize bird songs and calls



Sword fern clusters dry and spring open, dispersing thousands of spores. These spores develop into tiny intermediate plants called gametophytes. In this phase sexual reproduction occurs. The fertilized egg then develops into a new The life cycle of a fern is an interesting one and involves two separate plants. Ferns reproduce by means of spores which are borne in brownish clusters on the undersides of the leaflets of fertile ferns. The ripe spore ferns tern. AN A. Leaflets toothed on the edges ... Fronds divided into compound leaflets A. Fem stalk shiny black....... B. Fem stalk not shiny black a þ 2 Fem stalk not shiny black Leaflets smooth on the edges 2. Grows on moist forest floor 1. Grows on tree trunks, stumps, sometimes rocks Stalks arising singly, lacking loose scales a. Fronds delicate, horizontal, 1' tall or less . b. Fronds robust, usually 1-4' tall Ż Oak fern **日本本** 14 A STATE OF THE STA ANALA Maidenhair fem Bracken fern Licorice fern Carles and Sword fern wood fern Spreading 山田町町町町 Oak fern Deer fern and the second Licorice fern Lady fern Constant and a state The states A HARP の東京市で Deer fern A CONTRACTOR OF A CONTRACTOR KKK and the second s 鐵路 5 States. くくいいちゃ Concernance あ AN AN A State of the sta Bracken fern を見てい のなのの Maidenhair fern "

	TYRANT Flycatchers		Family: Tyrannidad
	Olive-sided Fly.	Quick 3 beers	
	Olive-sided Fly.	Quick 5 beers	
184	Western Wood-Pewee	"phee-eer"	burry, slightly down-slurred
190	Pacific-Slope Fly.	"seeyeet"	upslurred, high, thin
185	Willow Fly.	"fitz-bew"	loud, raspy, emphatic, two-syllabled. Stand alone.
187	Hammonds Fly.	"tsi-pikgrr-vik"	two-syllabled & two phrases. 1st high & clear, 2nd lower & raspy
189	Dusky Flycatcher	"sibip"	short, high, pure-ish always starts here
		"quwerrp"	rough & nasal 2nd two's order varies.
		"psuweet"	lot like Pac. Slope Fly. May skip 2nd or 3rd
	Each word is separate		
188	Gray Flycatcher	"jr-vrip"	Rough & emphatic. Two syllables two or three rapidly repeated
			Sounds a bit robin like.
193	Say's Phoebe	"pee-ur"	clear, plantive whistle. Slightly descending. Introductory stuttering notes.
194	Eastern Kingbird	dtzee,dtzee, dtzee,	wires
195	Western Kingbird	"kit or whit"	audio tape on fast forward. High, squeeky, Impulsive, bickering notes.
	NUTHATCHES		Family: Sittidae
226	Red-breasted Nuthatch	naak, naak, naak,	nasal, slow, drawn-out miniature tin horn. Continuously repeated.
227	White-breasted Nut.	ank, ank, ank,	less nasal, faster.
228	Pigmy Nuthatch	peep, peep, peep,	clear, high-pitched, incessant
	BROWN CREEPER		Family: Certhiidae
229	Brown Creeper	treeees, pretty little trees, SEE	very high & thin. Ends on a high note.
	EMBERIZINE SPARROWS	& THEIR ALLIES	Family: Emberizidae
772	Spotted Towhee	trill	very rapid. Shorter than junco. Can be intro notes.
213	Spotted TOWNED	where are youuuuu	like 3 whistles - last one drawn out

	Golden Crowned Sparrow	Oh, dear, me	updown Up
	•		
281	Sage Sparrow	flip flipfreeeee (twice)	hoarse or mumbled. Stutter the 1st part
		zerrrrrrrrr	long, varied series of trills & buzzes. Can be canary
277	Brewer's Sparrow	cheeeeeeeee deeee-deee-dee zrr-zrr=zrr=zeeee	like
277	brewer's Sparrow	211-211-211-20000	
276	Chipping Sparrow	Trill	mechanical. Slower than towhee
	11 0 1		
283	Grasshopper Sparrow	tik tuk tikeeeeeeeeez	very high, insectlike buzz preceded by weak tik tuk
			high, fine buzz, preceded by intro. Little noes. Last
282	Savannah Sparrow	ti ti ti tweeeeee tisoo	tisoo fades off. Short
278	Vesper Sparrow	Start	paired whistles - two notes
		followed by	slow, musical trills
		final	trails off
279	Lark Sparrow	whistles, buzzes, & trills	complex series, slow, choppy rhythm, high, mechanical. Funny & weird
275	Lark Sparrow	whistles, buzzes, & this	
289	White-crowned Sp.		
	Song Sparrow		slow & short
		chi, jew-jew-jew / jew-je-	second part is quite high trill. Continuous jumble of
286	Lincoln Sparrow	eeeeeee / do-je-e-e-to	husky chirping trills. Bubbly like house wren. Short
291	Dark-eyed Junco	Trill	slow. Can almost count. Bell like
	Fox Sparrow	<u>Wit; tip;</u> swit, wit swit- swit teer trill	Long 1st - son notes. Then faster leading to trill
	WRENS	Swit teel till	Long. 1st = sep. notes. Then faster leading to trill. Family: Troglodytidae
	VVNEINS	2 - 4 tus	
232	Bewick's Wren	t-t zree drr-dree tutututututu	Extremely varied. Always has thin, rising buzzes & slow trills
233	House Wren Shortish	Rapid series of rattles & trills e	ending in descending series of bubbling liquid trills. Extremely varied.
234	Winter Wren	tinkling trills & thin buzzes	long, continuous, complex
225			Buzzing like sound. gurgling, rattling trill w/ dist.
235	Marsh Wren	jet-t-t-t-t-t-t-trr	musical & mech. quality
	Rock Wren		3 reneater
	Canyon Wren		3 repeater liquid whistle, descelerating as moves down the scale.
	VIREOS		Family: Vireonidae
	THEOS		runny. Virconidae
		here-I-am, in-the-tree, look-	"Preacher Bird" contiuous prases - one every 2
201	Red-eyed Vireo	up, at-the top	seconds Fast

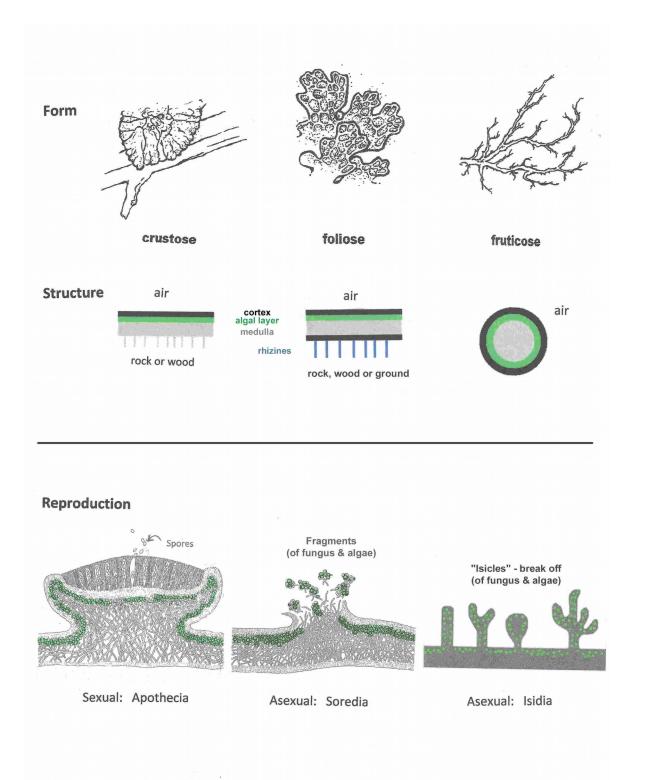
Г			
- F		Receiver, receiver, receiver,	
200 V	Varbling Vireo	RECEIPT!	lengthy warble. Regular up & down.
	0		
			annoyingly insistant repeater of single note or
		"chu-weet"	phrase. Can go up or down but the notes in each
1996	lutton's Vireo		series stays the same.
- F			deliberate series of simple, burry phrases. Long
1000	Cassin's Vireo	question & answer	pauses between each phrase.
1980			pauses between each phrase.
N	WOOD - WARBLERS		Family: Parulidae
ľ	WOOD - WARDLERS		
- F			fast & fairly flat. Ascends & speeds up slightly
2570		4	
25/0	Drange-crowned W.	trill	before dropping off at the end.
250	L. J. HI. MAY, J.L.		
258	Nashville Warbler	cheepa-cheepa-cheepa	part 1: 2 syllable notes Slow
		ti-ti-ti-ti	part 2: lower
_			
260	ellow Warbler	sweet sweet sweet ti ti ti to	sweet high clear slurred notes. Variable in details
2001		\$00	sweet, high, clear slurred notes. Variable in details
_			Clear, loose warble. Variable & confusing. Ascends,
261	(allow, munaned))/	sidl sidl sidl seedl	
2011	ellow -rumped W.	seedl seedl seedl	swells slightly & then drags at end. Short
2620	Black-throated Gray W.		according huzzy. Sharp inflaction on final phrase
2026	black-thioateu Gray w.	zeedle, zeedle, zeedle, zeet che	ascending, buzzy. Sharp inflection on final phrase
- F			Touch & variable Similar to Plack throated Cray
2021	ownsend's Warbler &		Tough & variable. Similar to Black -throated Gray W.
264	lermit Warbler		Less buzzy, higher pitched, more whistled.
- F			
			Two part. Lower & slower than Wilsons. Drops in
267	AacGillivray's W.		pitch in part 2. Similar to Nashville W. Shorter.
2000	Samman Vallauthraat		
2080	Common Yellowthroat	wichety wichety wichety	
260	Vison's Warbler		Denid biek sitebod ekstten dress is siteb towards the and
209		chee-chee-cheechet-chet	Rapid, high-pitched chatter, drops in pitch towards the end
_		clucks, whistles, squeaks &	
270 Y	ellow-breasted Chat	squawks	extremeluy varied. Long pauses between phrases.
			, , , , , , , , , , , , , , , , , , , ,
Т	THRUSHES		Family: Turdidae
271 V	Vestern Tanager		
Т	ownsend's Solitaire	very long continuous,	disjointed, finchlike warble; clear, whistled notes
241 N	Nountain Bluebird	jerrf, jerrf, jewr, jipo, jerrf jewr	series of low, burry whistles
240 V	Vestern Bluebird	pew,pew,pew,pew	a series of call notes. fairly hard, low whistles .
			• •

247	Varied Thrush	whistle	single, long whistle on one pitch
243	Veery	veer, veer, veer, veer	smooth, rolling, descending. About 4 veers
244	Swainson's Thrush		upward-spiraling, flutelike phrases
245	Hermit Thrush		ethereal, tremelo-like phrases
	MIMIDS		Family: Mimidae
249	Gray Catbird	very long, rambling, halting warb	le, slow tempo; mewing quality of low, hoarse notes with high, sharp chips & squeaks interspersed
251	Sage Thrasher	run-on warble of mellow, ro	lliing or churring whistles with jerky tempo but very little pitch change. 10+ seconds.
	KINGLETS		Family: Regulidae
237	Golden-crowned Kinglet	see see see si si si	speed
		tititichichichichi	part 2: lower, tumbling chickadee-like chatter
		sii si sisisi berr berr berr pudi	begins with very high notes & ends with low,
238	Ruby-crowned Kinglet	pudi pudi pudi see	whistled chant. Lively, varied & loud.
	CARDINALS		Family: Cardinalidae
201	Black-headed Grosbeak		
254	E&W=summer		
205	Lazuli Bunting (295)	1,2,3, 4 ,5,jumble jumble	high, sharp warble, jumbled. Variable
255	E=summer	1,2,3, - ,3,juitible juitible	ingh, sharp warble, jumbled. Variable
	L-summer		
	Icterids		Family: Icteridae
			,
	Western Meadowlark, Yel	low-headed Blackbird, Re	e-winged Blackbird
296	Bobolink		
202			
302	Brown_headed Cowbird		
301	Brewer's Blackbird		
501	brewer 5 blackbird		
303	Bullock's Oriole		
	FINCHES		Family: Fringillidae
315	Evening Grosbeak (315)	kleerr, kleerr	repetition of call notes. High, sharp, ringing trill like House Sparrow.
	W=all yr E=winter		
306		filio illu dillu di dali da a	lowish, lazy, unaccented warble of soft, whistled notes
500	Pine Grosbeak	fillip illy dilly didalidoo	iowish, lazy, unaccented warble of soft, whistled hotes
	Pine Grosbeak E=all yr, narrow band near mts Purple Finch		iowish, azy, unaccented warble of soft, whistled hotes

E=winter W=all yr		
308 Cassin's Finch (E=W)(W=0)		
309 House Finch		
310 Red Crossbill (310)	chip chip chip chup chup - chop - chop	or chip chip chip or chup chup chup Series of short, sharp hard notes
W&E= all yr		
312 Pine Siskin (312)	goldfinch w/ zhreeeee	rapid, run-on jumble of fairly low, husky notes
W&E= all yr		
314 American Goldfinch	lively, high-pitched continuous	series of chips, twitters, & trills. Whiny notes. Perchickaree = flight
W&E= all yr Mts=no		

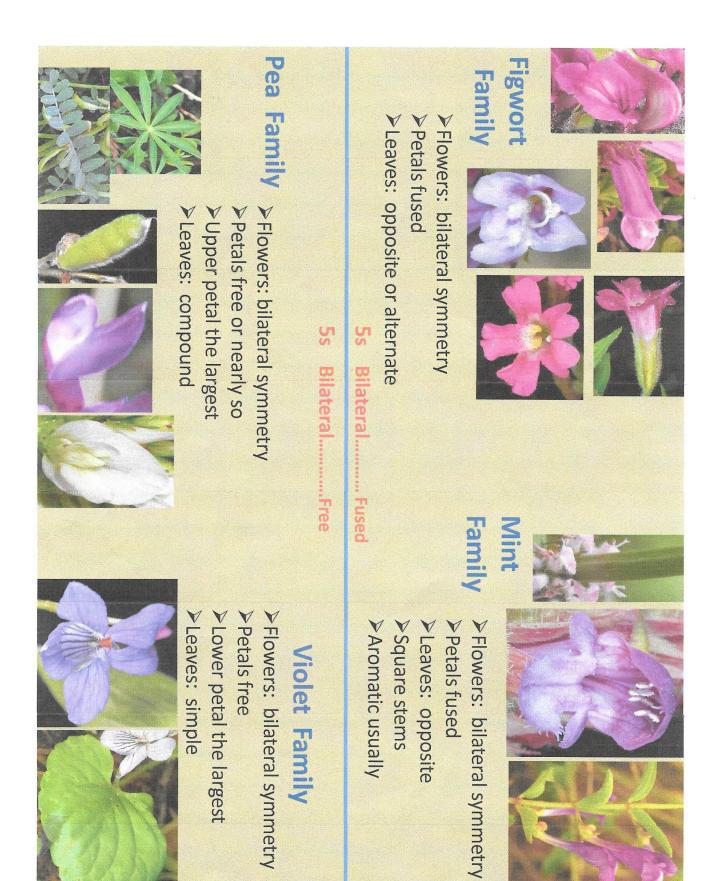
Ten Common Lichens You Can Identify

Form	Color	Photo	Description	Genus	Common Name(s)
Foliose	Grey, brown, greenish		Usually large lobes. Rhizines sometimes long. Usually large apothecia .	Peltigera	Frog Pelt Lichen
	Greenish, brownish	-	Lobes medium size, suberect, curved often. Apothecia common.	Cetraria	Iceland Lichen or Ruffle Lichen
	Grey-green (top) Blackish (below)		Appressed small lobes. Velcro-hooks (rhizines) under. Soredia &/or isidia often present.	Parmelia	Shield Lichen or Waxpaper Lichen
	Grey-green (top) White/Brown (below)		Looser larger lobes. Highly variable.	Platismatia	Rag Lichen
	Grey-green (top) Black (below)		Hollow tube-like lobes. Appressed or erect. May have apothecia, soredia, isidia &/or pycnidia.	Hypogymnia	Tube Lichen
Fruticose & Foliose	Grey-green (top) White (below)		Bushy, lobes straplike & divides (forks) regularly.	Evernia	Antler Lichen
Fruticose	Varies		Primary: small appressed scales. Secondary: erect finger like podetia. Large genus with much variation.	Cladonia	Cladonia
	Grey-green		Tufted, lobes narrow & divides (forks) unevenly.	Ramalina	Ramalina
	Light green		Tufted & hairlike, or long & pendulous. Central cord.	Usnea	Beard Lichen
	Light green		Pendulous (no central cord).	Alectoria	Witch's Hair



PinkNormal flowers (10 or fewer stamens) (or just use the "handles" to Id. these 7 Familles)PurslanePetals fusedSaxifragePetals free (or nearly so)	Flowers not in tight bunches Flowers with <u>central clusters</u> or seemingly so (more than 10 stamens crowding the center)	Many small flowers in tight bunches	Flowers with radial symmetry	Flowering parts in 5s (leaves with branching veins) Flowers with <u>bilateral symmetry</u> Petals fused Petals free	Flowering parts in 4s Leaves with veins in branching pattern	Flowering parts in 3s (or multiples) Leaves with parallel veins
Heath Phlox Primrose Borage	ningly so enter)	Parsley Waterleaf Valerian	Buckwheat	Mint Figwort		
	Rose Sunflower – technically belongs with "Many small flowers in tight bunches"	Buttercup		Pea Violet Buttercup - some	Evening Primrose Mustard	Lily, Orchid, & Iris







Family





Sunflower Family

 Flowers: appear many "petaled"
 Central cluster present or appears to be absent entirely.
 A compound flower: tiny flowers with 5 fused petals. All flowers packed into a single head.

5s Radial Not bunches Central clusters



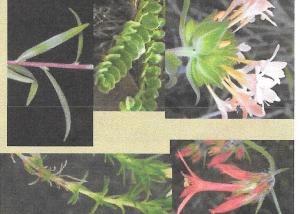


Leaves: often basal sometimes reflexed





➢ Plant often hairy ➤ Fiddlenecks often ➤Some flowers Flower: petals fused with central ring



Family

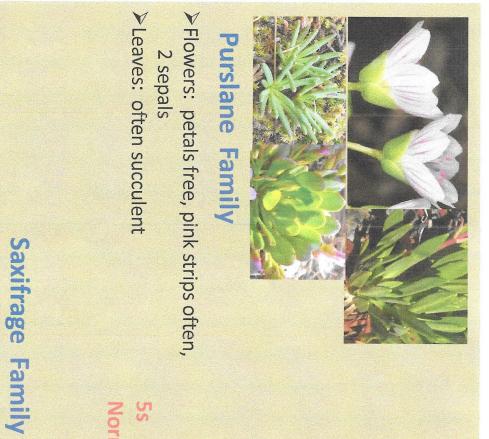




Leaves: often narrow or like ladder ➢Flower: petals fused forming a tube with nearly perpendicular lobes

(Includes Waterleaf now) **Borage Family**







Leaves: often basal ➢Flower: petals free, stigmas 2 & often flaring apart



>Leaves: opposite, often narrow ➤Flowers: petals free, often notched or divided & borne on enlarged nodes

5s Radial Not bunches Normal Flowers Petals Free





Sedum Family

 Small very succulent plants with short fleshy leaves
 Flowers: petals free & yellow

Appendix Unique Plants

Current Family

Medium sized shrub to about 6'
All have maple shaped leaves
All have berries
Flowers: petals fused





